

LITTLE THINGS



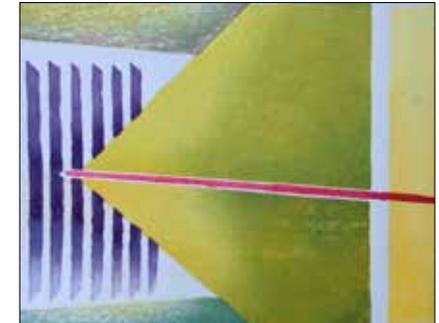
SAINT CLOCHE

LITTLE THINGS Art Competition was developed by Marnie Ross
as part of the 2015 Woollahra Artist in Residence Program.

Artists were encouraged to bring attention to the small things that make
them happy or things they are grateful for and express it creatively.

The science of Positive Psychology emphasises the benefits such
focusing of our attention contributes to our health and happiness.

As well as inspiring community creative engagement,
the resulting exhibition is a celebration of the artwork displayed and
a shared positive experience.



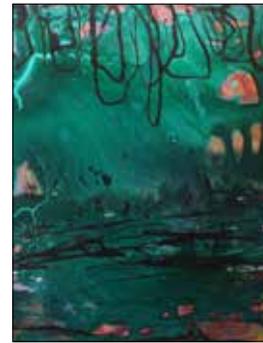
Thank you to all the artists who entered the competition and a special thanks to
Kitty Wong, Tim Sharp and Woollahra Council for your endless support.

Left to right starting from top row
Little Attic Window - Annabel Butler / **La vie en couleurs** - Marine Coutroutsios /
Unbelievable Journeys - Tania Mason / **Towards Sky Space** - Jolanta Ewart

Joy. It's the little things like watching my plant cuttings on the kitchen windowsill attempting at new growth that is pure delight.



Windowsill Delight
Sandra Winkworth



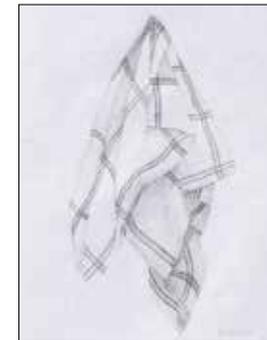
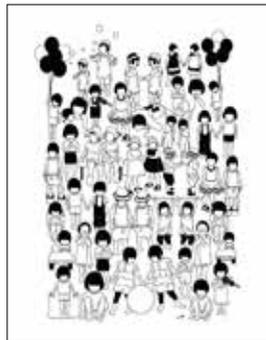
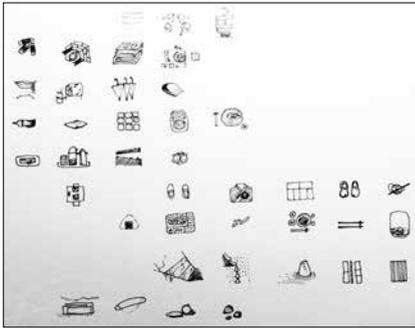
Left to right starting from top row
Sea Jungle - Heather Egan / **Harbourscape#9** - Melissa Guest / **Ocean Foamy Waters** - Marie Antuanelle / **Fig** - Natalie Penn / **Human Touch** - Nikita Sheth / **Summertime Secrets** - Xanga Connelly / **Belonglines** - Meri Andric / **Beach Run** - Shauna Seccombe / **Coral Candy** - Jennifer Summers

The black cockatoo – known to indigenous Australians as the rain bird – symbolises joy, family, creativity, travel and, of course, rain. Little things, yes, but they are most important to me in this hectic world. Every time these beautiful, loud birds fly over I stop and admire them, I am in awe, as they are a reminder of those small things that matter most and help keep me afloat. The black cockatoo is my totem.



Totem
Sonya Jackson

Left to right starting from top row
My Long Necked Friend - Barbara Cohen / **Still life with Grandmother** -
Anne Kingsbury / **The Missing Link** - Tango Conway / **Tracey Deep** - Desert Song /
Salute to the Master of Serious Play - Mary Van de Wiel / **Chicken** - Beth Larkin



Left to right starting from top row
Ureshii - Nicole Cusack / **Breathe in Breathe out** - Kirsten Duncombe /
My Heart Holds the Rhapsody of Life- Patricia Concha / **First Kiss** - Jenny Sant /
Joy - Fiona Chandler / **Childs Play** - Mary Cruz / **A Warm Hug** - Maria Kapodistrias

Left to right starting from top row
Ocean Study - Monique loving / **Axoltyl Rose** - Jodi Clark / **The Flying Rainbows** -
Linda Joyce / **Relationships** - Ariella Friend / **Last Tree Left** - Ann Gordon / **Tea Towel**
- Eloise Rankine (courtesy Utopia Art Sydney) / **A Quiet Moment** - Isabel Rewais

My piece 'Lean on Me', acrylic on natural linen, a simple representation of two blueberries are a perfect example to me about the little simple things that make me happy - maybe because I just really love the flavour, but just maybe also because they remind me of my childhood growing up in Sweden where they grow everywhere...

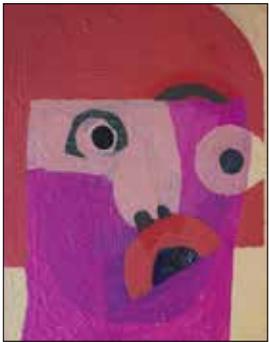


Lean on me
Karin Cutler



Left to right starting from top row
Dal Mercato - Melanie Dehn / **Two Peas** - Lucille Ross / **Autumn Trout** - Jackie Kennard /
Little Roses - Geoff Buckle / **Julie Mikolic** - Heaven Sent / **Tiger and Tea** - Jessica Carroll Smith

This moth orchid was a present from friends who attended our daughter's wedding. It sat on our kitchen table for 6 weeks whilst in flower and was a reminder of our happy day so I painted it.



The Moth Orchid
Jonathon Bligh

Left to right starting from top row
Seeing - Helen Oprey / **From Little Things** - Lucy Prior / **Magnetism** - Noriko Sugita /
Mr Beans Windmill - Nathan Ross / **Pink Swirl** - Mary Shackman /
Home - Megan Rushton

Les petites choses (little things in French, my mother tongue) is a collage of all the little things and memories that make me happy to be in the world: read and tell stories to children (I used to work as a storyteller in France), play with my very first cat, discover a surprise picnic on the beach for my birthday from my husband, make origami cranes, live in Australia where birds look like lorikeets and moons are upside down...

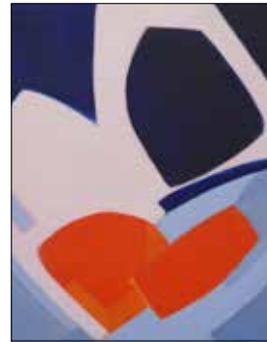
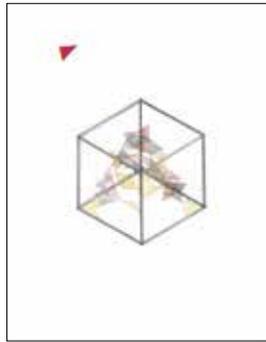


Les petites choses
Anna Jahjah



Left to right starting from top row
At Dusk, Night Falling - Caroline Wood / **Dusk** - Megan Ross /
Treasures of the Tide - Heidi Hereth / **All Clear** - Susannah Thorne
Circle of Friends - Vivian Ball / **There** - Ingrid Bowen

I spend my days surrounded by small objects from the past, many of them my nana's. Incorporating them into my paintings brings me constant joy.



My Shadow Box

Genevieve Bessell-Browne

Left to right starting from top row

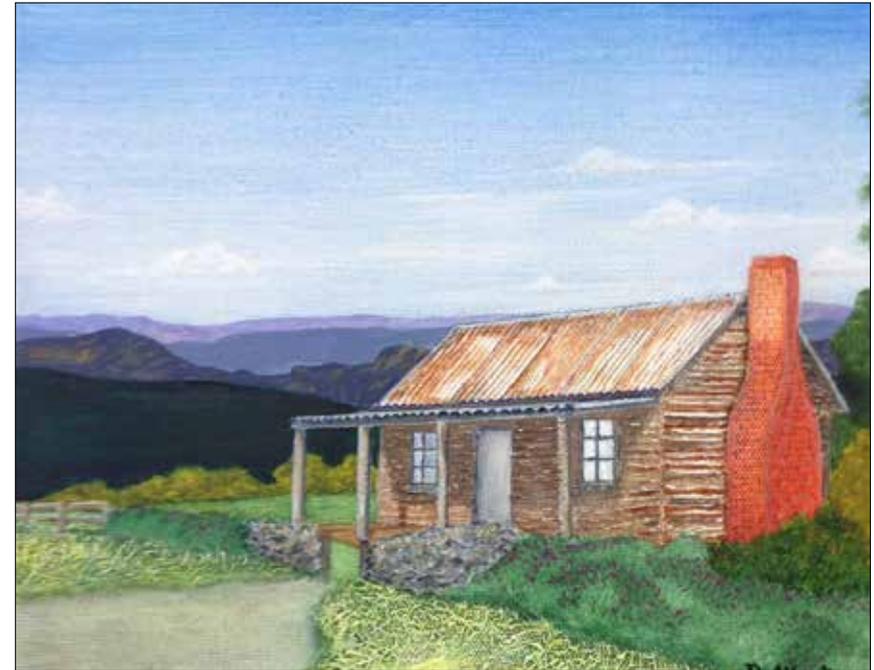
Study for Venus - Vanessa Encarnacao / ***Think outside the box*** - Emma Pattenden /
Sunday Morning Bliss - Sinead Kelly / ***Cut out and pop*** - Julia Kennedy-Bell /
Little Wonder - Jade Sibinovski / ***Bella*** - Monty Armstrong

'Cinnamon Girl (Cronut)' represents three things that make me happy; i) delicious cronuts; ii) the pretty girl who would bring them as a gift for me from the cafe where she worked; and iii) the music of Neil Young, which always puts a smile on my face.



Cinnamon Girl (Cronut)
Phillip Marsden

I've always found happiness in landscapes, wherever they may be. The simple form, beauty and freedom of a field or forest, whether farmed or untouched by man, is cause for contemplation and I find myself happily immersed in the subject as though I was right there myself.



Serenity
Darrell Allardice

“Happiness comes from many sources but one of the most powerful and accessible is the appreciation of life’s little things; because often, in hindsight, we find that the little things are, in fact, the big things.”

- Dr Tim Sharp, CHO The Happiness Institute



Little Things
Marnie Ross

The theme explored in 'Little Things' Art Competition is closely linked with my own practice. My abstract designs are inspired by tiny details of nature and the evolving shadow patterns created. Multi-layered works explore the dynamic relationship between the physical object and the cast shadow to establish a sense of the unnoticed view within the everyday.